



TECHNICAL SHEET - Fresh Produce - Zucchini

Energy	16 Kcal - 69 Kj
Protein	1,20 gr
Total lipid (fat)	0,18 gr
Ash	0,62 gr
Carbohydrate	3,35 gr
Calcium (Ca)	15 mg
Iron (Fe)	0,35 mg
Magnesium (Mg)	17 mg
Phosphorus	38 mg
Potassium (K)	262 mg
Sodium (Na)	10 mg
Vitamin A	10 µg RAE
Vitamin B1	0.08 mg
Vitamin B2	0.12 mg
Vitamin C	17 mg
Vitamin PP	0.70 mg