



TECHNICAL Sheet - Carrot Juice

Nutrition Values for 100ml Juice:

Energy	34 Kcal - 143 Kj
Protein	1,08 gr
Total lipid (fat)	0,0 gr
Carbohydrate	7,35 gr
Brix	8 ± 0,5
pH	4,5 ± 0,5
Provitamine A (Beta-Carotene)	93,10 ppm (mg/Kg)
% RDA (Raccomanded Daily Allowence)	194%
Suggested daily intake:	1 glass a day

Carrot is an excellent source of carotenes , in a specific way it is rich in beta-carotene, a vitamin A precursor. It stimulates the immune system activity, improve the night vision, regulate calcium metabolism. Its antioxidant action prevents from free radicals, reduces cancer risk, heart disease and retards aging damages.

Certifications	ICEA - IFOAM ACCREDITED, Jas, NOP, Kosher
Storage	cool and dry place - ambient temperature after opening preserve at about 4°C after opening consume within one week
Shelf life	3 years
Preservatives - Colourings	not used - just pure natural juice
Origin	PRODUCT OF ITALY
Crops origin	our own italian crops from Fucino Plateau - Abruzzo
Raw Carrots	PGI (Protected Geographical Indication)